

Freedom Recovery Centre
14 Pattenden Road
Catford
London
SE6 4NQ
T: 020 8314 0333
F: 020 8690 9811
E: enquiries@freedomrecoverycentre.co.uk
W: www.freedomrecoverycentre.co.uk



Freedom Recovery Centre
Service Focus
Residential Rehabilitation Facility

INTRODUCTION

OUR JOURNEY TO DATE

When we first opened our doors in 2004 Freedom Recovery was a relative newcomer in a well-established and increasingly competitive market, consequently we have had to work that little bit harder to establish a presence and develop a relationship with commissioners and care managers.

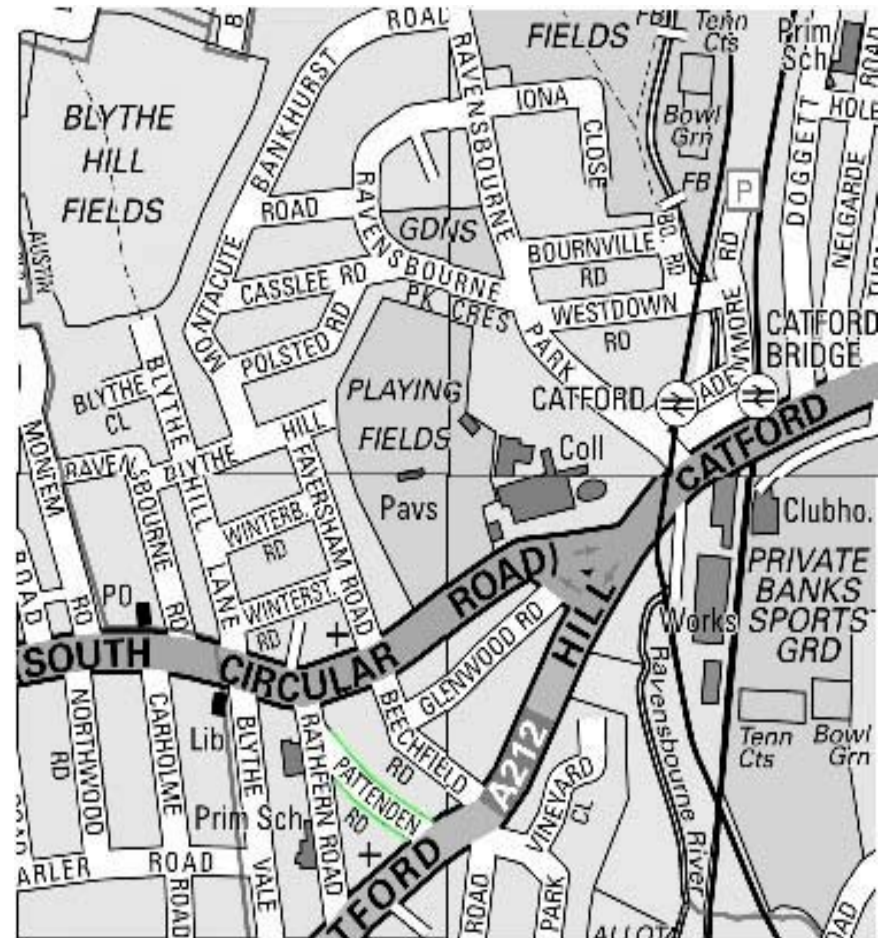
In establishing Freedom Recovery, our intention was to develop a service that had the capacity to change and evolve in response to both service user need and the fluctuating financial climate in which those who fund our services operate.

It is this approach, which has led to the development of services such as our step down programme and aftercare support services, which are proving highly successful in improving service and treatment outcomes. We are committed to providing a positive learning environment.

We operate with a highly committed and dedicated staff team of experienced counsellors and drugs workers. We are proud of the fact that the majority of our staff has been with us since we first opened our doors in 2004.

OUR MISSION

The aim of Freedom Recovery Centre is to support people in achieving abstinence, sustained recovery and a move towards more positive lifestyles.





Freedom Recovery Centre

Testimonial

"I arrived at FRC 4/8/09 from detox. The reasons I chose to come to FRC was that during my assessment I felt part of the program straight away. Peers and staff made me feel wanted and I felt inside this was a place I could get the help I needed. I was scared but I'm very glad I overcame my fears. FRC was a good start for me taking personal responsibility for my recovery.

The regime helped me grow in confidence giving me a safe home base, whilst building a support network in the community. I made some very good friends there, who are still close to me. I am always made to feel welcome when I return. I had never been able before to remain abstinent in the community for any period of time. I am now 9 months clean and sober. FRC has helped me a lot."

Sonny

WHO THE SERVICE IS FOR

Men and women 18+ who are in need of therapeutic and psychosocial interventions, primarily from alcohol and drug dependence. Individuals who want to maintain abstinence. These individuals will be encouraged to look at the history of their addictions and gain greater understanding of behavioural patterns associated with dependency and life style.

OUR APPROACH

As a provider, we understand that we must demonstrate our ability to respond to 'needs' on different levels.

From a service user perspective, we have to offer a service, which reflects and responds to their full range of needs.

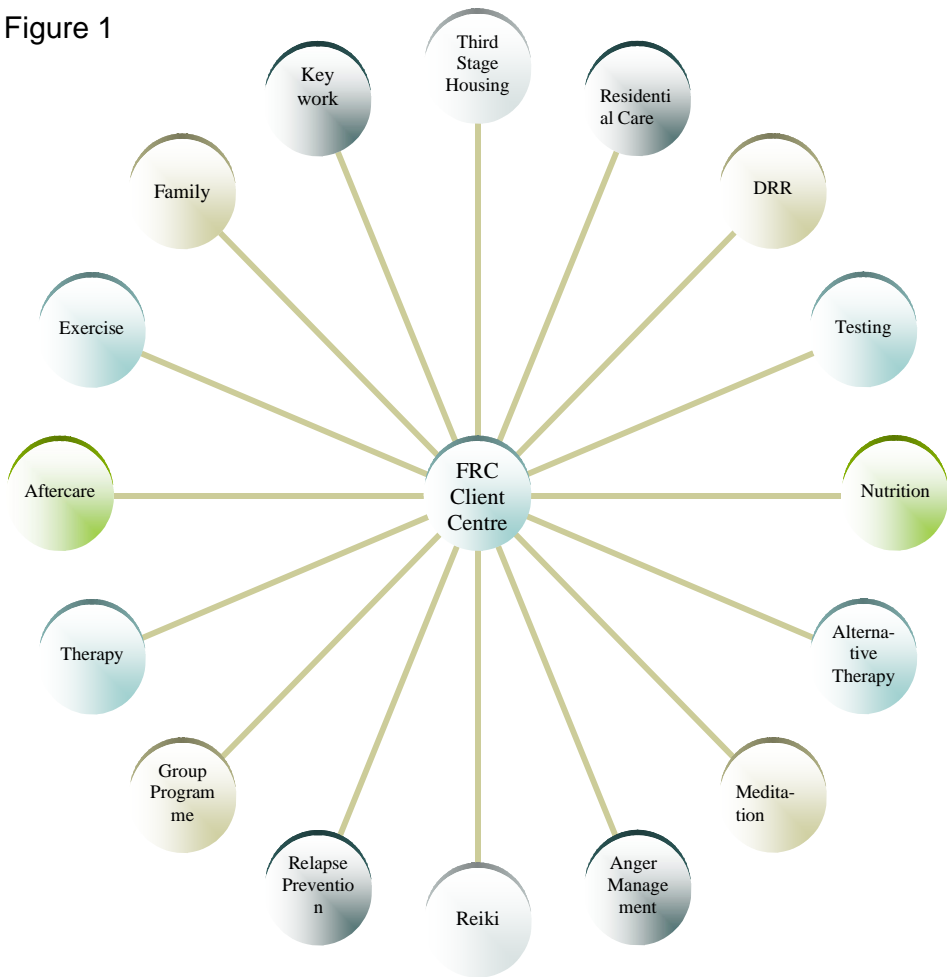
From a commissioner perspective, we recognise that limitations on funding require a response that is flexible in terms of length of stay, but also one that is designed to be effective in building a foundation for sustained recovery.

To ensure that we can meet the needs of both service user and commissioners we offer a response that is designed to be flexible, responsive and effective. Figure 1 reflects some of the components that make up FRC service.



Freedom Recovery Centre

Figure 1



GROUP THERAPY

Group therapy helps the service user to share and explore experiences with others who have similar issues thereby helping to identify destructive patterns of behaviour, through facilitation with experienced staff and peer participation; service users are able to gain a level of awareness and insight empowering them to make positive changes for the future.

INDIVIDUAL COUNSELLING/KEYWORKING (weekly)

Individual counselling is in addition to group work and provides a safe space for solution focused, interventions that allow the service user to explore and gain insight into areas that may not feel appropriate for group.

STEP DOWN PROGRAMME

(move on, resettlement & community integration) This stage of the program seeks to provide ongoing coordinated care to support service users who have completed a 1st Stage treatment and provide access to social support.

AFTERCARE PROGRAMME (optional)

This area of our service focuses on the individual who needs additional support but has completed all aspects of funded treatment.

24 HOUR SUPPORT

Freedom Recovery does offer a twenty-four hour 'offsite' staff support to all its service users. 7 days a week, 52 weeks of the year