



Freedom Recovery Centre

Day Programme and Aftercare for Addiction

14 Pattenden Road, Catford, London, SE6 4NQ

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URL

**Comprehensive, Responsive and
Effective**



Freedom Recovery Centre Ltd

**An individual and effective approach to
treating addiction to drugs and alcohol**

My initial feelings on arriving at Freedom Recovery Centre for my assessment, was that it felt just right. After going through the programme I felt comfortable and at ease. Although I found the process difficult and fought against it I felt supported. I managed to complete the programme and successfully graduated and having gained a good foundation at FRC I have gone to being over 2 years clean

A. M. Freedom Recovery Centre Client 2005

Our Mission

To provide a range of high quality services to those who have histories of drug or alcohol misuse and dependence.

Through practical and therapeutic support we aim to equip those accessing our services with an ability to understand the negative consequences of their drug or alcohol use, and their capacity for change. Through this we aim to support people, in achieving abstinence, sustained recovery and a move towards more positive lifestyles.

What do we offer?

- **A comprehensive treatment response that can be tailored to individual need and ability to fund.**



A comprehensive and integrated approach to supporting recovery



The Freedom recovery Centre programme is a friendly, caring but assertive programme, where the first three steps of the twelve steps programme are dealt with groups, which there are two a day. Deal with emotional disorder that we have one-to-one counselling dealing with feelings of which we find hard to access. Freedom has given me a great foundation in recovery.

J. H. Freedom Recovery Centre Client Aug 20 07

A service with a growing reputation for quality and effectiveness.

Since we opened our doors in 2004 we have provided support to 75 people. Almost half of these completed their stay with us, many maintain contact with us through our aftercare support and many remain drug and alcohol free.

From 2008 we have set ourselves a yearly target to increase our rates for both retention and completion.

A service that offers value for money

In 2007 we have fixed our unit costs at a level that reflects the challenge of commissioners to meet increasing demands for treatment within the context of continuing financial constraints.

We offer a flexible approach to planned treatment episodes , and through our aftercare we offer a significant added value.

I came in as a Day client for 6 months and received a lot of support and care from staff members which has been very useful. My relationship with my daughter's dad has come together, through the family counselling & the group support I have had whilst at Freedom Recovery.

I have been able to look at my parenting skills, and have had support around my decision making, involving my daughter, I am benefiting from the Aftercare service that FRC provides.

R. T. Freedom Recovery Client 2007

A service committed to continuous improvement

All of our most important service developments in the past three years have been in response to the expressed needs of clients and those who fund our services.

This includes our after care and step down services which are delivering real benefits in terms of sustained outcomes.

Want to know more?

Whether you are potential client, a care manager or a commissioner we would welcome your call, or you may wish to visit. We look forward to hearing from you.

Anne Marie Watts
Director of Services
Freedom Recovery Centre



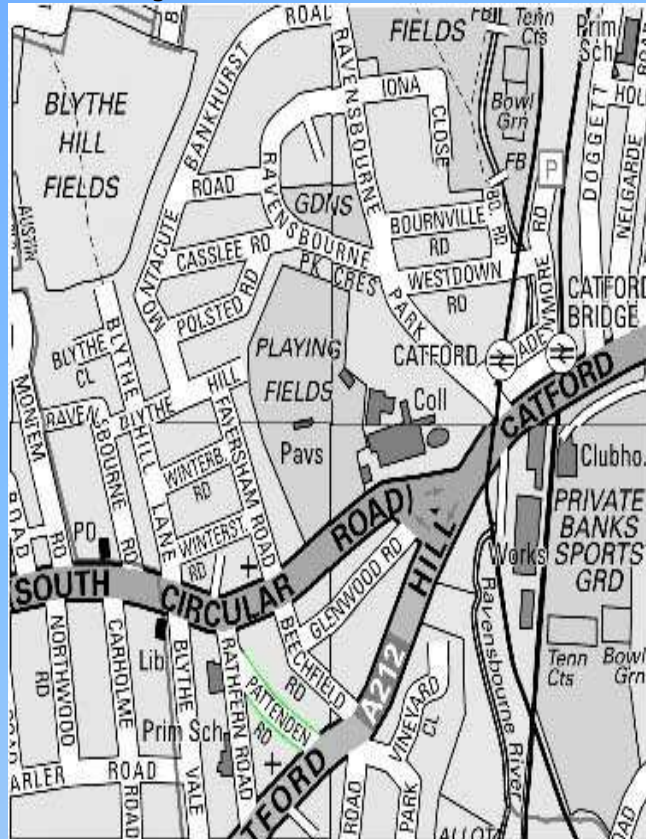
Freedom Recovery Centre Ltd

Location

By Car: There No parking restrictions on Pattenden Road

By Bus: Stanstead Road (Feversham Road Stop) buses 185 and 171, Catford Hill (Beechfield Road Stop) buses 75, 202 and 181.

By Rail: 20 min from Central London to Catford and Catford Bridge.



Contact us:

In Writing:

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14 Pattenden Road
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SE6 4NQ

In Person:

Address as above, Mon – Fri 9am – 5pm

By Phone:

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